

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Melders Peter

Coaches: Jansen Goele HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:2, starttime: 08:33

Heat: 2/16 Lane : 2 Athlete: KERKHOF KAAT Q-time: 02:44:22

PB (50m pool): 02:44.22 Olympic Pool Wezenberg, Antwer 29/03/2026 PB (25m pool): 02:41.34 SB: 02:44.22 Olympic Pool Wezenberg, Antwer 29/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.91	01:17.97	02:07.69	02:44.22	
	00:34.91	00:43.06	00:49.72	00:36.53	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:3, starttime: 08:37

Heat: 3/16 Lane : 1 Athlete: LAMBRIGTS GITTE Q-time: 02:43:16

PB (50m pool): 02:43.16 Antwerpen 19/04/2026 PB (25m pool): 02:45.05 SB: 02:43.16 Antwerpen 19/04/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.45	01:18.71	02:06.48	02:43.16	
	00:35.45	00:43.26	00:47.77	00:36.68	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:8, starttime: 08:53

Heat: 8/16 Lane : 3 Athlete: THEUWIS MIRA Q-time: 02:38:37

PB (50m pool): 02:37.26 Antwerpen 27/07/2025 PB (25m pool): 02:32.77 SB: 02:39.55 Eindhoven 28/06/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.88	01:16.95	02:02.49	02:37.26	
	00:33.88	00:43.07	00:45.54	00:34.77	
					

Coach feedback:

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Event number: 34: 200M MEDLEY WOMEN 15+					Heat:12, starttime: 09:05
Heat: 12/16 Lane : 4 Athlete: THEUWIS RUNE					Q-time: 02:34:61
PB (50m pool): 02:33.61 Antwerpen 27/07/2025			PB (25m pool): 02:29.30 SB: 02:37.19 Antwerpen 17/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.28	01:12.58	01:58.69	02:33.61	
	00:32.28	00:40.30	00:46.11	00:34.92	
					

Coach feedback:

Event number: 35: 200M BREASTSTROKE MEN 15+					Heat:5, starttime: 09:34
Heat: 5/7 Lane : 8 Athlete: ORIS TIM					Q-time: 02:33:29
PB (50m pool): 02:33.29 Antwerpen 22/03/2026			PB (25m pool): 02:26.62 SB: 02:33.29 Antwerpen 22/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.86	01:12.36	01:51.74	02:33.29	
	00:33.86	00:38.50	00:39.38	00:41.55	
					

Coach feedback:

Event number: 35: 200M BREASTSTROKE MEN 15+					Heat:6, starttime: 09:37
Heat: 6/7 Lane : 5 Athlete: METTEN VINCE					Q-time: 02:24:61
PB (50m pool): 02:24.61 Antwerpen 22/03/2026			PB (25m pool): 02:22.13 SB: 02:24.61 Antwerpen 22/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.66	01:09.88	01:47.69	02:24.61	
	00:32.66	00:37.22	00:37.81	00:36.92	
					

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 15+					Heat:3, starttime: 09:46
Heat: 3/12 Lane : 1 Athlete: THEUWIS MIRA					Q-time: 01:03:25
PB (50m pool): 01:03.25 SportinGenk Park 15/03/2025			PB (25m pool): 01:00.75 SB: 01:03.63 Eindhoven 28/06/2026		
	5 0 M	1 0 0 M			
PB	no time	01:03.25			
	no time				
					

Coach feedback:

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Event number: 37: 100M BACKSTROKE MEN 15+				Heat:3, starttime: 10:07	
Heat: 3/13 Lane : 6 Athlete: EVENS VINCE				Q-time: 01:07:15	
PB (50m pool): 01:07.15 Antwerpen 19/04/2026				PB (25m pool): 01:05.03 SB: 01:07.15 Antwerpen 19/04/2026	
	5 0 M	1 0 0 M			
PB	00:33.36	01:07.15			
	00:33.36	00:33.79			
					

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+				Heat:6, starttime: 10:13	
Heat: 6/13 Lane : 6 Athlete: VEESTRAETEN MATS				Q-time: 01:05:31	
PB (50m pool): 01:03.37 ANTWERPEN 30/07/2023				PB (25m pool): 01:02.00 SB: 01:05.14 Eindhoven 28/06/2026	
	5 0 M	1 0 0 M			
PB	no time	01:03.37			
	no time				
					

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:7, starttime: 10:51	
Heat: 7/11 Lane : 2 Athlete: WEVERES GITTE					Q-time: 02:34:85	
PB (50m pool): 02:34.85 Eindhoven 28/06/2026					PB (25m pool): 02:30.01 SB: 02:34.85 Eindhoven 28/06/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:35.46	01:15.11	01:55.59	02:34.85		
	00:35.46	00:39.65	00:40.48	00:39.26		
						

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:7, starttime: 10:51	
Heat: 7/11 Lane : 8 Athlete: WEYTJENS AMBER					Q-time: 02:35:14	
PB (50m pool): 02:33.80 Antwerpen 27/07/2025					PB (25m pool): 02:27.86 SB: 02:35.86 Antwerpen 22/03/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:35.87	01:14.73	01:54.85	02:33.80		
	00:35.87	00:38.86	00:40.12	00:38.95		
						

Coach feedback:

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Event number: 39: 200M FREESTYLE MEN 15+					Heat:1, starttime: 11:09
Heat: 1/19 Lane : 3 Athlete: TIELEN SANDER					Q-time: 02:12:30
PB (50m pool): 02:12.30 Eindhoven 28/06/2026			PB (25m pool): 02:08.85 SB: 02:12.30 Eindhoven 28/06/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.10	01:04.42	01:39.23	02:12.30	
	00:30.10	00:34.32	00:34.81	00:33.07	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:8, starttime: 11:28
Heat: 8/19 Lane : 2 Athlete: EVENS MATS					Q-time: 02:07:50
PB (50m pool): 02:07.29 Antwerpen 27/07/2025			PB (25m pool): 02:02.49 SB: 02:07.50 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.62	01:01.03	01:35.02	02:07.29	
	00:28.62	00:32.41	00:33.99	00:32.27	
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:2, starttime: 12:00
Heat: 2/12 Lane : 8 Athlete: LAMBRIGTS GITTE					Q-time: 00:38:15
PB (50m pool): 00:38.15 Eindhoven 28/06/2026			PB (25m pool): 00:37.75 SB: 00:38.15 Eindhoven 28/06/2026		
	5 0 M				
PB	00:38.15				
	00:38.15				
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:3, starttime: 12:01
Heat: 3/12 Lane : 1 Athlete: VANGELOVEN FRAN					Q-time: 00:37:68
PB (50m pool): 00:37.68 Eindhoven 28/06/2026			PB (25m pool): 00:37.06 SB: 00:37.68 Eindhoven 28/06/2026		
	5 0 M				
PB	00:37.68				
	00:37.68				
					

Coach feedback:

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Event number: 41: 50M BUTTERFLY MEN 15+			Heat:1, starttime: 12:13
Heat: 1/24 Lane : 5 Athlete: TIELEN SANDER			Q-time: 00:29:87
PB (50m pool): 00:29.87 Eindhoven 28/06/2026			PB (25m pool): 00:30.28 SB: 00:29.87 Eindhoven 28/06/2026
	5 0 M		
PB	00:29.87		
	00:29.87		
			

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+			Heat:4, starttime: 12:16
Heat: 4/24 Lane : 8 Athlete: EVENS VINCE			Q-time: 00:29:31
PB (50m pool): 00:29.31 Antwerpen 19/04/2026			PB (25m pool): 00:30.54 SB: 00:29.31 Antwerpen 19/04/2026
	5 0 M		
PB	00:29.31		
	00:29.31		
			

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+			Heat:7, starttime: 12:19
Heat: 7/24 Lane : 6 Athlete: METTEN VINCE			Q-time: 00:28:46
PB (50m pool): 00:28.46 Eindhoven 28/06/2026			PB (25m pool): 00:29.37 SB: 00:28.46 Eindhoven 28/06/2026
	5 0 M		
PB	00:28.46		
	00:28.46		
			

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+			Heat:12, starttime: 12:23
Heat: 12/24 Lane : 3 Athlete: EVENS MATS			Q-time: 00:27:96
PB (50m pool): 00:27.96 Eindhoven 28/06/2026			PB (25m pool): 00:28.15 SB: 00:27.96 Eindhoven 28/06/2026
	5 0 M		
PB	00:27.96		
	00:27.96		
			

Coach feedback:

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Event number: 41: 50M BUTTERFLY MEN 15+										Heat:13, starttime: 12:24																				
Heat: 13/24 Lane : 4 Athlete: VEESTRAETEN MATS																				Q-time: 00:27:86										
PB (50m pool): 00:27.79 Antwerpen 21/04/2024										PB (25m pool): 00:27.66SB: 00:28.29 Antwerpen 22/03/2026																				
	5 0 M																													
PB	00:27.79																													
	00:27.79																													
																														

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+										Heat:13, starttime: 12:24																			
Heat: 13/24 Lane : 6 Athlete: ORIS TIM																				Q-time: 00:27:89									
PB (50m pool): 00:27.89 Genk 01/02/2026										PB (25m pool): 00:27.34SB: 00:27.89 Genk 01/02/2026																			
		5 0 M																											
PB		00:27.89																											
		00:27.89																											
																													

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+										Heat:15, starttime: 12:26																				
Heat: 15/24 Lane : 2 Athlete: DAEMEN TUUR																				Q-time: 00:27:64										
PB (50m pool): 00:27.64 Eindhoven 28/06/2026										PB (25m pool): 00:27.49SB: 00:27.64 Eindhoven 28/06/2026																				
	5 0 M																													
PB	00:27.64																													
	00:27.64																													
																														

Coach feedback: